



HOOK IN2 HOCKEY - 2009 @ CURTIN TRINITY PIRATES HOCKEY CLUB

Hook in2 Hockey is a fun and exciting way to get involved playing the great game of hockey in your local area.

Hook in2 Hockey is Hockey Australia's national recruitment program and thousands of children from all over the country have already enjoyed an awesome introduction to hockey through the program.

Hook in2 Hockey is targeted at primary school aged children aged from 5 years. Programs are run by your local association and clubs both at schools and in a club environment.

Hook in2 Hockey is a safe and fun program - activities are designed to allow participants to learn the basic skills of the game in a controlled environment. A lighter than normal ball is used. All participants receive a pair of shin guards to wear and keep and generally only one person is allowed to tackle another at one time. Curtin Trinity Pirates recommend the wearing of a fitted mouth guard as well.

Hook in2 Hockey at Curtin Trinity Pirates Hockey Club is held each Thursday afternoon during school terms 2 and 3 at the Perth Hockey Stadium - Barblett Oval (grass fields). We choose to run our program during the week so parents can enjoy the benefits of having both young and older children involved in training at the same time. It also frees up your Saturday morning should you have children involved in games in J5/6 (U11) or J7/8 (U13).

Curtin Trinity Pirates Hook in2 Hockey also take part in the Annual Hockey WA Rookey Carnival to be held this year on Sunday 2nd August, 2009.

We recommend participants wear comfortable sports clothing - shorts or skirts and sneakers. Studded boots are not recommended. Hats, sunscreen, jumpers and insect repellent are also handy throughout the season depending on the weather.

Hook in2 Hockey @ Curtin Trinity Pirates

Begins: Thursday 2nd April, 2009 - Pre-season introduction
Season begins in Term 2 - Thursday 30th April, 2009

Time: 4.15pm - 5.30pm - 30 minutes training followed by a 30 minute modified game

Cost: \$45.00 (A club t-shirt can be purchased for \$10.00)

Each participant receives a hockey stick and ball, shin-pads as well as a show bag full of cool hockey goodies.

For more information contact either: Tricia Hawgood 9313 1487 (thawgood@aapt.net.au) or Shane Jamieson 0403 127 769 or visit www.pirates.org.au